

2001 California Children's Healthy Eating and Exercise Practices Survey

**Table 46: Frequency of Eating in a Fast Food Restaurant during the Past Week (Phone Sample)**

In the past week, about how ~~often~~ many times did you eat ~~at~~ a meal or snack from a fast food restaurant such as McDonald's, Pizza Hut, Burger King, KFC (Kentucky Fried Chicken), Wendy's, and so on?

|                              | Times Eating Fast Food in the Past Week, Percent of Children |           |           |
|------------------------------|--|-----------|-----------|
|                              | 0  | 1         | 2+        |
| <b>Total</b>                 | <b>20</b>  | <b>43</b> | <b>37</b> |
| <b>Gender</b>                |  |           |           |
| Males                        | 20   | 47        | 34        |
| Females                      | 21   | 38        | 41        |
| <b>Ethnicity</b>             |  |           |           |
| White                        | 25   | 38        | 38        |
| African American             | 26   | 35        | 39        |
| Latino                       | 11   | 50        | 40        |
| Asian/Other                  | 27   | 48        | 25        |
| <b>Income</b>                |  |           |           |
| ≤\$19,999                    | 17   | 54        | 29        |
| \$20,000 - \$49,999          | 16   | 47        | 37        |
| ≥\$50,000                    | 24   | 37        | 39        |
| <b>Federal Poverty Level</b> |  |           |           |
| ≤ 185%                       | 19   | 42        | 39        |
| > 185%                       | 21   | 43        | 36        |
| <b>Food Stamps</b>           |  |           |           |
| Yes                          | 26   | 46        | 29        |
| No                           | 20   | 43        | 38        |
| <b>Overweight Status</b>     |  |           |           |
| Not at Risk                  | 21   | 45        | 34        |
| At Risk/Overweight           | 17   | 38        | 45        |
| <b>Physical Activity</b>     |  |           |           |
| ≥60 minutes                  | 19   | 45        | 37        |
| <60 minutes                  | 22   | 41        | 38        |
| <b>School Breakfast</b>      |  |           |           |
| Yes                          | 23   | 40        | 38        |
| No                           | 20   | 43        | 37        |
| <b>School Lunch</b>          |  |           |           |
| Yes                          | 18   | 45        | 37        |
| No                           | 23   | 40        | 37        |
| <b>Nutrition Lesson</b>      |  |           |           |
| Yes                          | 20   | 43        | 38        |
| No                           | 21   | 43        | 36        |
| <b>Exercise Lesson</b>       |  |           |           |
| Yes                          | 18   | 42        | 40        |
| No                           | 24   | 45        | 31        |

Excludes those reporting "don't know."

Reported mean times eating fast food in the past week was 1.5 times.

Rows may not add up to 100% due to rounding.

A box around a group of numbers signifies that differences observed within this group are statistically significant.

Chi Square

\* p<.05